

Relay Event – 20th March 2011

Sunday's inter-club relay rounded off a somewhat disrupted and foreshortened Kent Fitness League season – the relay event held in warm sunshine at Avery Hill Park.

The fastest individual times over the 2 mile circuit were posted by Championship runners-up Clayton Barrett (10.26) and Nicola Groom (11.59). Unfortunately neither were part of a full team of 4 men + 1 lady so they did not contribute to a team total. Nicola's lap was followed by another one half a minute slower and this came on the back of a 23 mile training run in preparation for the London Marathon.

So, although Larkfield's makeshift team of 3 members crossed the line first (Steve Groom also posting the second fastest time of the day), the first official team to finish was Dartford Roadrunners. They were followed in by Sevenoaks AC in second place and Canterbury Harriers third.

Swanley's team of under 13's finished in a creditable 14th place with James Graves actually leading the field home at the end of the opening leg.

There were 19 teams taking part, although several competitors ran twice. The event was followed by lunch and the presentation of awards for the season just gone. My thanks as always to New Eltham Joggers for their hospitality and their organisation of this event.

Rob Bright

KFL End of season relay event
Avery Hill Park
- 20th March 2011

Results

5 x 2 mls

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
112	Larkfield AC 'A'	1	Nicola	Groom	F	0:11:59	0:11:59	3
212	Larkfield AC 'A'	2	Steve	Groom	M	0:11:06	0:23:05	2
312	Larkfield AC 'A'	3	Dave	Dean	M50	0:13:48	0:36:53	2
412	Larkfield AC 'A'	4	Nicola	Groom	F	0:12:27	0:49:20	2
512	Larkfield AC 'A'	5	Steve	Groom	M	0:10:56	1:00:16	1

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
116	Dartford RR 'A'	1	Hazel	Vuvi	F35	0:12:15	0:12:15	4
216	Dartford RR 'A'	2	Rob	White	M40	0:11:48	0:24:03	2
316	Dartford RR 'A'	3	Chris	Topp	M	0:11:39	0:35:42	1
416	Dartford RR 'A'	4	Matt	Bowley	M	0:13:01	0:48:43	1
516	Dartford RR 'A'	5	Tony	Piper	M40	0:11:54	1:00:37	2

Race No	Team	Order	Name	M/F	Lap time	Total time	Pos
102	Sevenoaks AC 'A'	1	Sarah Shewell	F45	0:14:19	0:14:19	11
202	Sevenoaks AC 'A'	2	Chris Desmond	M45	0:11:28	0:25:47	5
302	Sevenoaks AC 'A'	3	Pauline Dalton	F45	0:12:44	0:38:31	5
402	Sevenoaks AC 'A'	4	Fraser Partiridge	M45	0:12:18	0:50:49	4
502	Sevenoaks AC 'A'	5	David Lee	M	0:11:08	1:01:57	3

Race No	Team	Order	Name	M/F	Lap time	Total time	Pos
103	Canterbury H 'A'	1	Barbara Wenman	F50	0:13:07	0:13:07	7
203	Canterbury H 'A'	2	Tony McParland	M40	0:11:29	0:24:36	3
303	Canterbury H 'A'	3	Mark Wenman	M50	0:12:33	0:37:09	3
403	Canterbury H 'A'	4	Paul Lucas	M	0:12:38	0:49:47	3
503	Canterbury H 'A'	5	Neil Benson	M	0:13:52	1:03:39	4

Race No	Team	Order	Name	M/F	Lap time	Total time	Pos
114	Medway & Mdstn	1	Phil Wallace	M60	0:11:55	0:11:55	2
214	Medway & Mdstn	2	John Raines	M70	0:15:50	0:27:45	10
314	Medway & Mdstn	3	Stuart Nice	M55	0:13:24	0:41:09	9
414	Medway & Mdstn	4	Clayton Barrett	M	0:10:26	0:51:35	5
514	Medway & Mdstn	5	Phil Wallace	M60	0:12:18	1:03:53	5

Race No	Team	Order	Name	M/F	Lap time	Total time	Pos
110	New Eltham Jggrs	1	Gabriella Eastment	F	0:14:55	0:14:55	12
210	New Eltham Jggrs	2	Ryan Gregory	M	0:12:37	0:27:32	9
310	New Eltham Jggrs	3	Ant O'Brien	M	0:12:47	0:40:19	8
410	New Eltham Jggrs	4	John Kemp	M	0:14:11	0:54:30	9
510	New Eltham Jggrs	5	Bryan Maillardet	M	0:11:09	1:05:39	6

Race No	Team	Order	Name	M/F	Lap time	Total time	Pos
115	Canterbury H 'B'	1	Bob Davison	F	0:13:28	0:13:28	8
215	Canterbury H 'B'	2	Neil Benson	M	0:13:41	0:27:09	7
315	Canterbury H 'B'	3	Tony McParland	M40	0:12:11	0:39:20	7
415	Canterbury H 'B'	4	Barbara Wenman	F50	0:13:31	0:52:51	6
515	Canterbury H 'B'	5	Mark Wenman	M50	0:13:24	1:06:15	7

Race No	Team	Order	Name	M/F	Lap time	Total time	Pos
108	Sittingbourne Str	1	Emma Pomeroy	F	0:15:42	0:15:42	15
208	Sittingbourne Str	2	Joanne Murphy	F	0:15:37	0:31:19	14
308	Sittingbourne Str	3	Peter Thomas	M50	0:11:55	0:43:14	12
408	Sittingbourne Str	4	Aaron Pritchard	M	0:12:27	0:55:41	10
508	Sittingbourne Str	5	Mike Poppy	M40	0:11:38	1:07:19	8

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
104	Thanet RR	1	Kealy	Goldsmith	Fu13	0:15:18	0:15:18	14
204	Thanet RR	2	Oliver	Cooper	Mu16	0:15:05	0:30:23	12
304	Thanet RR	3	Alex	Kavanagh	Mu13	0:13:04	0:43:27	13
404	Thanet RR	4	Gary	Gillatt	M50	0:12:31	0:55:58	11
504	Thanet RR	5	Steve	King	M40	0:11:53	1:07:51	9

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
109	Istead & Ifield H 'A'	1	Barbara	Ockenden	F	0:15:17	0:15:17	13
209	Istead & Ifield H 'A'	2	Georgina	Ralph	F	0:17:00	0:32:17	17
309	Istead & Ifield H 'A'	3	Derek	George	M	0:11:22	0:43:39	14
409	Istead & Ifield H 'A'	4	Peter	Gibson	M	0:12:45	0:56:24	12
509	Istead & Ifield H 'A'	5	Andy	Archer	M	0:11:58	1:08:22	10

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
117	Dartford RR 'B'	1	Laura	Currie	F35	0:12:55	0:12:55	5
217	Dartford RR 'B'	2	Martin	Nicholls	M50	0:13:23	0:26:18	6
317	Dartford RR 'B'	3	Shane		M	0:12:25	0:38:43	6
417	Dartford RR 'B'	4	Glen	Ridout	M50	0:12:57	0:51:40	6
517	Dartford RR 'B'	5	Lisa	Campbell	F35	0:16:52	1:08:32	11

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
118	Dartford RR 'C'	1	Ann	Fuller	F35	0:12:57	0:12:57	6
218	Dartford RR 'C'	2	Brian	Pitkin	M40	0:12:11	0:25:08	4
318	Dartford RR 'C'	3	Steve	Jarvis	M	0:12:02	0:37:10	4
418	Dartford RR 'C'	4	Jason	Fuller	M40	0:17:08	0:54:18	8
518	Dartford RR 'C'	5	Lisa	Corder	F35	0:15:05	1:09:23	12

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
119	Dartford RR 'D'	1	Lisa	Campbell	F35	0:17:10	0:17:10	18
219	Dartford RR 'D'	2	Vic	Withey	M60	0:13:32	0:30:42	13
319	Dartford RR 'D'	3	Dave	Behagg	M	0:13:58	0:44:40	15
419	Dartford RR 'D'	4	Hazel	Vuvi	F35	0:12:45	0:57:25	15
519	Dartford RR 'D'	5	Brian	Piitkin	M45	0:13:15	1:10:40	13

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
101	Swanley Panthers	1	James	Graves	Mu13	0:11:55	0:11:55	1
201	Swanley Panthers	2	Olivia	Willard	Fu13	0:15:35	0:27:30	8
301	Swanley Panthers	3	Joseph	Blackmore	Mu13	0:14:47	0:42:17	11
401	Swanley Panthers	4	Isabel	Kelly	Fu13	0:14:30	0:56:47	13
501	Swanley Panthers	5	Sean	White	Mu13	0:14:24	1:11:11	14

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
111	N Eltham J 'B'	1	Jane	Blackmore	F	0:14:55	0:14:55	10
211	N Eltham J 'B'	2	Nigel	Kent	M	0:13:18	0:28:13	11
311	N Eltham J 'B'	3	Steve	Freeman	M	0:14:00	0:42:13	10
411	N Eltham J 'B'	4	John	White	M	0:14:39	0:56:52	14
511	N Eltham J 'B'	5	Sean	McGranaghan	M	0:14:31	1:11:23	15

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
105	Istead & Ifield H 'B'	1	Sally	George	F	0:13:41	0:13:41	9
205	Istead & Ifield H 'B'	2	Lesley	Archer	F	0:23:02	0:36:43	19
305	Istead & Ifield H 'B'	3	Andy	Archer	M	0:11:47	0:48:30	19
405	Istead & Ifield H 'B'	4	Steve	Cable	M	0:11:37	1:00:07	18
505	Istead & Ifield H 'B'	5	Derek	George	M	0:11:32	1:11:39	16

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
113	Bromley Vets AC	1	Kerry	Smith	F	0:19:29	0:19:29	19
213	Bromley Vets AC	2	Rob	Brown	M	0:12:45	0:32:14	16
313	Bromley Vets AC	3	Soheel	Bhandari	M	0:14:39	0:46:53	17
413	Bromley Vets AC	4	Mark	Russell	M	0:12:44	0:59:37	17
513	Bromley Vets AC	5	Jim	Peters	M	0:13:14	1:12:51	17

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
106	Canterbury H 'C'	1	Sally	Silver	F	0:16:24	0:16:24	16
206	Canterbury H 'C'	2	Roy	Gooderson	M	0:15:03	0:31:27	15
306	Canterbury H 'C'	3	Marco	Keir	M	0:14:07	0:45:34	16
406	Canterbury H 'C'	4	Russell	Williams	M	0:13:50	0:59:24	16
506	Canterbury H 'C'	5	Bob	Davison	M	0:13:44	1:13:08	18

Race No	Team	Order	Name		M/F	Lap time	Total time	Pos
107	Canterbury H 'D'	1	Wendy	De Boick	F	0:16:42	0:16:42	17
207	Canterbury H 'D'	2	John	Hartley	M	0:16:43	0:33:25	18
307	Canterbury H 'D'	3	Steve	Clark	M	0:13:44	0:47:09	18
407	Canterbury H 'D'	4	Bob	Pullen	M	0:14:42	1:01:51	19
507	Canterbury H 'D'	5	Tony	McParland	M	0:11:48	1:13:39	19